

Medical Information / Patient Name: _____

Date: _____

Did someone refer you to my office? _____

Who is your Primary Medical Doctor? _____

Chief Complaint (Briefly Describe): 1) _____

2) _____

How long have you been suffering? _____ Days _____ Weeks _____ Months _____ Years

How did it start (circle): Gradual Sudden Result of Injury With Exercise With a New Job Other: _____

Course: getting better getting worse no change **Aggravating Factors:** _____

Have you treated the Condition (Circle): Rest Ice Ibuprofen Aleve Tylenol Shoe Modification Other: _____

Past Medical History: (Please circle all that apply) _____ **(check) I HAVE NO MEDICAL CONDITIONS**

| | | | |
|------------------------|------------------|----------------------|----------------------|
| High Blood Pressure | Asthma | Psoriasis | Blood Disorder |
| Heart Disease | Emphysema | Eczema | Melanoma |
| Coronary Art Disease | Kidney Disease | History of Gout | Skin Cancer |
| Heart Attack: _____ | Dialysis | Psoriatic Arthritis | Leg Ulcer |
| Congestive Hrt Failure | Thyroid Disorder | Osteoarthritis | Transfusion |
| Carotid Artery Disease | Graves Disease | Rheumatoid Arthritis | Chemotherapy |
| High Cholesterol | Acid Reflux | Breast Cancer | Radiation Therapy |
| Stroke | GERD | Ovarian Cancer | History of Hepatitis |
| Poor Circulation | Hiatal Hernia | Uterine Cancer | HIV |
| Leg Cramps | Stomach Ulcer | Lung Cancer | OTHER: _____ |
| Diabetes | Liver Disease | Prostate Cancer | _____ |

What kind of surgery have you had? (Circle all that apply) **(check) I HAVE NEVER HAD SURGERY**

| | | | |
|-------------------|----------------------------|----------------------|------------------|
| Ankle Surgery | Fibroid Surgery | Gallbladder Surgery | Mastectomy |
| Appendectomy | Foot Surgery Bunion | Heart Valve Surgery | Ovarian Surgery |
| Adenoid | Foot Surgery Hammertoe | Heart Bypass Surgery | Prostate Surgery |
| Back Fusion | Foot Surgery (List): _____ | Hip Replacement | Tonsillectomy |
| Back Disc Surgery | _____ | Kidney Surgery | Gastric bypass |
| Brain Surgery | _____ | Knee Arthroscopy | Cosmetic Surgery |
| Hysterectomy | _____ | Knee Replacement | Other: _____ |

Please list all medication allergies: **(check) NO ALLERGIES TO MEDICATION**

Please list all of your medications: _____

How Tall Are You? Ft in **Weight** lbs

Do you Smoke? No Quit Yes Cigarettes a day Pack/Day How many years?

Do you drink alcohol? Beer / Wine / Hard Liquor How Much? /Day /Week

Family History (Circle all that apply. Mother / Father / Sibling):

| | | |
|--------------------------------|---------------------------------|----------------------------|
| Heart Disease M / F / S | Hammertoes M / F / S | Gout M / F / S |
| Stroke M / F / S | Diabetes M / F / S | Kidney Disease M / F / S |
| Circulation Problems M / F / S | Neurological Disorder M / F / S | Bleeding Problem M / F / S |
| Flat Feet M / F / S | Rheumatoid Arthritis M / F / S | |
| Bunions M / F / S | Osteoarthritis M / F / S | |

What kind of exercise do you do and how often? _____

What type of job do you do? (Circle) Sit Stand Stands & Walks Retired Revised 07-2012